



021 552 7220

LASER HAIR REMOVAL

This cryogen specific hair laser system is state- of- the- art laser technology for hair removal. The advantages of this system include a dynamic cooling device which allows for more aggressive and effective cooling of the skin (epidermal layers). It allows for higher settings to be used without any injury to the skin. At present this is the only hair laser that cools the skin (with cryogen) precisely before each pulse with cryogen, instead of the non-specific air cooling usually used.

This laser treatment targets the pigment in the hair and not the surrounding tissue, making it safe to use on almost all skin types. The aim is to destroy the hair follicle of actively growing hair, therefore a course of treatments is needed.

During the treatment you may experience a sharp burning sensation. Topical/ local anaesthesia can be applied (Emla cream) 60-90 min before the treatment.

Redness and swelling may occur, which should disappear within a few hours.

The skin will be delicate for 6-8 weeks after each session and therefore the use of sun block is very important.

Direct sun exposure without sun block can cause Hypopigmentation (skin lightening) or Hyperpigmentation (skin darkening). Hyperpigmentation is more common in people with dark or olive skin tones.

Allergic reactions to topical creams could occur.

Scabbing and blistering are possible risks and complications of this procedure, due to sun exposure.

We do have highly trained therapists and dermatologists to deal with any problems that might occur.

Waxing, plucking and electrolysis result in removal of the hair follicle which is the target needed for laser hair removal. You need to wait 6 weeks after these treatments for the laser procedure to be effective. Use shaving or depilatory creams in the meantime.

You must shave the day before the treatment to maximize the response at the hair follicle and minimize the risk of infection. Your appointment may have to be postponed if this is not done.

(PLEASE discuss Roaccutane/Oratane/Acnetane **use** and **dosage** with your therapist if applicable)