



021 552 7220

PHOTO FACIAL TREATMENT

1. TREATMENT POSSIBILITIES AND LIMITATIONS

a) Optimal skin conditions for the Photo Facial treatment

- Solar photo ageing (dyschromia, lentigos, hyperpigmentations, poikiloderma).
- Skin sensitisation and vascular resultants (erythema, rosacea, couperosis, diffuse redness, flushing).
- Dermal and epidermal structural changes (large pores, elastosis and collagen changes).
- The photo rejuvenation gently treats all these signs simultaneously and leads to a gradual and natural skin improvement without downtime. The face is the premium area for this treatment.

b) Number of sessions

- The number of sessions depends on the body location and will also vary from one skin type to another.
- On average, 3 and 5 treatments are needed to recover a uniformly-colored complexion and a smooth skin texture. After this initial treatment, 1 or 2 maintenance sessions might be requested in the coming year. Your solar habits will highly influence the long-lasting results.

c) Interval in-between sessions

- The minimum interval to observe between two consecutive sessions is 3 weeks. However, a longer interval would not hinder the efficiency of your treatment.

2. CARE AND RECOMMENDED GUIDELINES

a) Prior to the session

i) Sun exposure

- For an optimally effective and safe treatment, sun exposure is to be stopped at least 3-4 weeks prior to a session. One month before the session, apply high SPF sun block on the area to treat regularly.
- The intake of sun activators or the use of chemical self-tanning lotions is to be stopped 2 weeks prior to session.

ii) Medication and/or nutritional complements

- It is mandatory you mention all the medication and/or the nutritional complements you take. Some of their components might be photosensitive and/or photo fragilizing to the skin.

iii) Skin preparation

- Prior to a session, the skin is to be thoroughly cleaned either with soapy water or with a mild cleansing agent. Neither make-up nor fragrance should remain. If you applied a preparation with essential oils, it is very important you mention it.

b) During the session

- A thick layer of transparent ultrasonic gel will be spread onto your skin that will enhance light transmission and bring optimal treatment comfort and safety.
- During the session, you will feel a slight "warm prickling". This feeling only lasts the time of the session.
- The light flash, although it is bright, is harmless to the eyes. If you wear contact lenses, it is important you mention it.

c) After the session

i) Immediately after the session

- Immediately after the session, all your brown spots will turn darker and remain darker for approximately 5 days.
- Immediately after the session, there will be a slight additional erythema over your red lesions. The erythema may last maximum 1 to 2 days.

ii) Tanning

- As long as you will experience a post-treatment skin irritation, you have to protect your skin with sun block and avoid any sun exposure that, without protection, could lead to the development of a post-treatment pigmentation.

- iii) Skin care
 - Immediately after the session, an anti-oxidant cream may be applied to your skin.
 - Make-up may be applied immediately after the session if you want to.
- iv) Awaiting next session
 - It is important to moisturize your skin properly (an anti-oxidant cream is also recommended).
 - A couple of days after the very first session, you will notice a brighter complexion and a smoother skin.

3. RISKS AND SIDE-EFFECTS

- Not observing the guidelines especially related to sun exposure may lead to hypo/hyperpigmentation that may last on average 3 months.
- On sensitive areas, oedema may develop but will remain no longer than 2 days.
- Some spots may lead to purpura or micro-crusting that will remain 3-5 days after the session. It will then be very important neither to rub the skin nor to expose it to the sun.
- CAUTION: Any post-session effects are to be reported and you will be given corresponding treatment and advice.